

FULL SESSION PACKING LIST

A NOTE ON MATERIAL: It's crucial that campers have non-cotton clothing, especially for their wilderness trip. Cotton pulls heat away from the body when wet and will not keep your camper warm. Please ensure that your camper has mostly tops and bottoms (long and short) that are synthetic/quick-dry/poly-blend/wool. Please reach out to joy@kwe.org at Wavus or emmaline@kwe.org at Kieve if you need any assistance!

Clothing

- 4 swimsuits
- 10 underwear
- 10 pairs of socks
- 5 bras/sports bras (if applicable)
- 3 pairs of hiking socks - wool/synthetic/poly blend
- 2 pajamas
- 5 short sleeve shirts
- 2 Kieve/Wavus short sleeve shirts
- 5 long sleeve shirts
- 5 shorts
- 3 leggings/long pants/sweatpants
- 2 sweatshirts/hoodies/warm fleece
- 1 nice outfit/dress for special end-of-session dinner (Wavus only)



Bedding and Linens

- Pillow
- 2 sets of twin sheets with pillowcases (regular length)
- Comforter/warm blanket
- Face cloth
- Hand towel
- 2 bath towels
- 2 beach/swim towels



Outerwear and Footwear

- Rain jacket - waterproof
- Rain pants - waterproof
- Warm hat - fleece or synthetic
- 2 warm long sleeve layers - fleece or synthetic
- Sneakers
- Crocs
- Water shoes - Chacos/Tevas/Keens (Crocs are not water shoes)



Toiletries

- Toothbrush and toothpaste
- Soap
- Shampoo and conditioner
- Hairbrush/comb/hair ties/scrunchies
- Pads/tampons (if applicable)
- Nail brush and clippers
- Lip balm with SPF
- Sunscreen
- Bug spray
- Shower caddy and toiletry caddy



Wilderness Trip Essentials

**All group gear, including tents, is provided for campers.*

- Sleeping bag - synthetic, 30-degree rating with stuff sack is preferred
- Sleeping pad - the smaller it packs, the better
- Headlamp with extra batteries
- Boundary bag/dry bag - 65 liters and waterproof (SealLine, NRS Boundary Bag). These are recommended for all campers and mandatory for campers on the St. Croix River and up. Some of our directors are still using the same boundary bags they had as campers!
- Day pack/school pack
- Quick dry towel
- Allagash, Long Voyage, and Maine Trails campers are allowed to bring an all-purpose tool like a Leatherman



Accessories

- Stationery and envelopes
- Summer reading/books
- Journal/notebook
- Sunglasses with float band
- Hat
- Bandana/buff
- Crazy Creek chair
- Disposable or digital camera
- 2 water bottles
- Costume items - optional but always welcome!

